



Community Resource Guide

Housing Resources:

Affordable Housing Management

<https://www.ahmi.org>
330 S Greene St Suite B11
Greensboro, NC 27401
336-273-0568

Greensboro Housing Authority

www.gha-nc.org
450 North Church Street
Greensboro, NC 27401
336-275-8501
336-271-3368

Greensboro Housing Coalition

<https://greensborohousingcoalition.org>
Greensboro Housing Hub
Triton Building
1031 Summit Avenue, Suite 1E-2
Greensboro, NC 27405
336-691-9521

High Point Housing Authority

<https://hpha.net/>
500 East Russell Avenue
High Point, NC 27260
336-887-2661

Housing Consultants Group

<https://www.housingconsultantsgroup.org>
1031 Summitt Ave
Greensboro, NC 27405
336-553-0946

Immigrant Assistance and Resource Center

<https://cwsgreensboro.org/>
705 N Greene St
Greensboro, NC 27401
336-379-0037

Legal Aid

<https://www.legalaidnc.org/>
336-272-0148 or
1-800-951-2257

Shelters:

Greensboro Urban Ministry - Pathways

<https://www.greensborourbanministry.org/pathways>
305 W Gate City Blvd
Greensboro, NC 27406
336-271-5959
*Serves families with children

Greensboro Urban Ministry – Partnership Village

<https://www.greensborourbanministry.org/partnership-village>
305 W Gate City Blvd
Greensboro, NC 27406
336-271-5959

Interactive Resource Center

<https://interactiveresourcecenter.org/>
407 E Washington Street
Greensboro, NC 27401
336-332-0824

Leslie’s House

<http://www.wemhp.org/programs-2/leslieshouse/>
903 W English Road
High Point, NC 27262
336-884-1105
*Serves adult Women



My Sister Susan's House

<https://www.youthfocus.org/maternity-housing/>

336-252-2707

*Pregnant or parenting; ages 16-21

Room at the Inn

<https://www.roominn.org/>

734 Park Avenue

Greensboro, NC 27405

336-996-3788

*Serves pregnant women

Salvation Army Center of Hope

<https://www.salvationarmycarolinas.org/greensboro/programs/programs-that-help/shelter>

1311 S. Eugene Street

Greensboro, NC 27406

336-273-5572

*Serves families with children & adult women

Salvation Army

<https://www.salvationarmycarolinas.org/highpoint/>

301 W. Green Drive

High Point, NC 27260

336-881-5400

*Serves families with children & adult women

United Way Resource Line

<https://nc211.org/>

Dial 211

*Local resources shared for housing, food, transportation, health care, and other needs.

Urban Ministry Weaver House

<https://greensborourbanministry.org/services/housing-assistance/weaver-house/>

305 Gate City Blvd

Greensboro, NC 27406

336-271-5959

*Serves men & women

Welfare Reform Liaison Project

<https://www.wrlp.net/>

1600 Wendover Ave Suite 1

Greensboro, NC 27405

336-691-5780

Youth Focus

<https://www.youthfocus.org/emergency-housing/>

1601 Huffine Mill Rd

Greensboro, NC

336-375-1332

*Serves youth ages 11-17

YWCA Family Shelter, Winter Emergency

<https://ywcagsonc.org/services/family-shelter/>

1807 Wendover Ave E

Greensboro, NC 27405

336-273-3461

*Serves men, women, & children



Food Resources:

Backpack Beginnings

<https://backpackbeginnings.org/>

3711 Alliance Dr
Greensboro, NC 27407
336-954-7445

Beloved Community Center Hospitality House

<https://belovedcommunitycenter.org/>

417 Arlington St
Greensboro, NC 27406
336-230-0001

Blessed Table Food Pantry

<http://www.theblessedtable.org/>

3210 Summit Avenue
Greensboro, NC 27405
336-333-2266
Hours: Tuesday - Friday from 10:00 – 1:00

Bread of Life Food Pantry

<http://turningpoint180.com/fight-hunger/>

1606 Phillips Ave
Greensboro, NC 27405
336-272-1305
Hours: 10:00 am-2:00 pm by appointment

Cathedral of His Glory- Food Pantry

<https://www.freefood.org/l/cathedral-of-his-glory>

4501 Lake Jeanette Road
Greensboro, NC 27455
336-282-0679
Hours: 10 -12 on Saturdays (call for schedule)

Celia Phelps United Methodist church

<https://www.facebook.com/Celia-Phelps-United-Methodist-Church>

3709 Groometown Rd
Greensboro, NC 27407
336-855-8348
Hours: every 1st and 3rd Tuesday and 3rd Saturday of the month

First Presbyterian Church (Hot Dish and Hope)

<https://www.fpcgreensboro.org/>

617 N. Elm Street
Greensboro, NC 27401
336-373-0445
Hours: Starting at 6pm on Tues and Thurs (in the Mullen Life Center)

FoodPantries.Org

<https://www.foodpantries.org/>

* This is a national website to search food pantries by location

Friendly Ave Church of Christ

<http://friendlyave.org/>

5101 W Friendly Ave
Greensboro, NC 27410
336-292-7649
Hours: Tues and Thurs by appointment

Guilford County Food Pantry

202 Franklin Blvd
Greensboro, NC 27401
336-378-9292
Hours: 2:00-5:30 pm on Saturdays

Grace Community Church

<https://gracegso.org/ministries/cityengagement/>

643 W Gate City Blvd
Greensboro, NC 27403
336-379-1936
* This church serves warm meals every Wednesday night

Greater High Point Food Alliance

<https://findfood.ghpfa.org/>

815 Phillips Ave
High Point, NC 27262
336-889-0885



**Greensboro Urban Ministry and Potter's House
Community Kitchen**

www.Greensborourbanministry.org

305 W. Gate City Blvd
Greensboro, NC 27406
336-271-5959

Hours: 10:30 am – 12:30 pm Mon-Fri provides
free meals

Helping Hands Food Ministry

<https://www.helpinghandshp.org/get-food-assistance>

2301 S. Main St.
High Point, NC 27263
336-886-2327, ext. #1

Immigrant Assistance and Resource Center

<https://cwsgreensboro.org/>

705 N Greene St
Greensboro, NC 27401
336-379-0037

Kingdom Building Church International

<https://www.foodpantries.org/li/kingdom-building-church-intl>

203 Lindsay Street
High Point, NC 27262
336-476-8884

Lawndale Baptist church

<https://www.lawndalebaptist.org/>

3505 Lawndale Dr
Greensboro, NC 27408
336-855-8348

Hours: 2:00 – 3:30 pm on Tuesdays

Lutheran Church of our Father

<https://www.ourfathergso.com/>

3304 Groometown Rd
Greensboro, NC 27407
336-299-0235

Hours: 5:30 – 7:00 pm on the 1st and 3rd
Monday of every month and 9:30-11:30 am on
1st and 3rd Wednesday

**Manna House of Coliseum Blvd Church of
Christ**

https://www.foodpantries.org/li/nc_27403_manna-house-of-coliseum-blvd

2116 Coliseum Boulevard
Greensboro, NC 27403
336-316-0044

One Step Further - Food Pantry

<https://fccgreensboro.org/one-step-further-food-pantry/>

1900 W Market Street
Greensboro, NC 27401
336-275-3699

Hours: 9:30 – 2:00 Monday - Friday

Open Door Ministries High Point

<https://www.opendoorministrieshp.org/>

400 N. Centennial St.
High Point, NC 27261
336-885-0191

Out of The Garden Project

www.outofthegardenproject.org

Daystar Church
1806 Merritt Drive
Greensboro, NC 27407
336-430-6070

Hours: 11:30-12:30 Mon, Wed, and Fri

Positive Direction for Youth and Families

<https://www.facebook.com/pdyfcommunitygarden/>

Pop up food pantry and 11:00 am on Thursdays
at 2207 E cone Blvd (Evangel Fellowship Church
in God of Christ)

Second Harvest Food Bank

www.seconharvestnwc.org

*Provides a complete listing of pantry locations
by county



SNAP

www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

*SNAP provides nutrition benefits to supplement the food budget of eligible families, so families can purchase healthy food and move towards self-sufficiency.

St. James Presbyterian Church

<http://stjamespresby.org/>

820 Ross Avenue
Greensboro, NC 27406
336-273-6658
Hours: Every Sunday at 3:00pm

St. Paul the Apostle Catholic Church Food Pantry

<http://stpaulcc.org/>

2715 Horse Pen Creek Rd.
Greensboro, NC 27410
336-294-4696
Hours: 10:00 – 1:00, Monday – Friday

St Paul Baptist church

1309 Larkin St
Greensboro, NC 27406
336-275-4680
Hours: 9:00 – 11:00 am Tuesday & Thursday

St Matthews United Methodist church

600 E Florida St
Greensboro, NC 27406
336-272-4505
Hours: 10:00 – 12:00 Monday - Thursday

The Salvation Army Center of Hope- Food Pantry

www.salvationarmycarolinas.org

1311 S. Eugene Street
Greensboro, NC 27406
336-273-5572
Hours: 9am -12 pm; Tuesday and Thursday

United Way Resource Line

<https://nc211.org/>

Dial 211
*Local resources shared for housing, food, transportation, health care, and other needs.

United Youth Care Foundation-Food Pantry

<https://www.freefood.org/l/united-youth-care-foundation>

1207 Fourth Street
Greensboro, NC 27405
336-370-9232
Hours: 11:30 -3:00 on Mon, Wed, Fri

WIC (Women, Infant, and Children) Nutritional Program

1-844-601-0365
<https://www.nutritionnc.com>



Transportation Resources:

GTA Access Greensboro (Formerly known as SCAT)

<https://www.greensboro-nc.gov/departments/transportation/greensboro-transit-agency-public-transportation-division>

Reservation Line- 336-333-6589

GTA Access High Point (Formerly known as SCAT)

Reservation Line- 336-887-1183

Guilford County Department of Social Services & Transportation – Medicaid Transportation

336-641-4848 or 336-641-3000

*Requires 24 hours' notice and transportation is provided between 6am and 7pm, Monday - Friday.

Piedmont Authority for Regional Transportation (PART)

<https://www.partnc.org/>

8310 W Market Street
Greensboro, NC 27409
336-883-7278

Transit Authority

<https://www.greensboro-nc.gov/departments/transportation/gdot-divisions/greensboro-transit-agency-public-transportation-division>

236 E. Washington Street #C
Greensboro, NC 27401
336-335-6499

Transportation - NEMT (Non-emergency Medical Transportation):

AmeriHealth Caritas

*ModivCare (NEMT Broker): 833-498-2262

Carolina Complete Health

*This managed care plan is not available in Guilford County.

*ModivCare (NEMT Broker): 855-397-3601

Healthy Blue

*ModivCare (NEMT Broker): 855-397-3602

UnitedHealthcare

*ModivCare (NEMT Broker): 800-349-1855

WellCare

*One Call (NEMT Broker): 877-598-7602

United Way Resource Line

<https://nc211.org/>

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Wheels for Hope

<https://www.wheels4hope.org>

110 S Walnut Circle
Greensboro, NC 27409
336-355-9130



Emergency Utility Resources:

Agape Ministries

336-885-3822

CARES Mortgage Assistance Program -City of Greensboro

www.housingconsultantsgroup.com

336-553-0946, ext. 2

Grace Community Church

<https://gracegso.org/>

643 W Gate City Blvd

Greensboro, NC 27403

336-379-1936

Green St Baptist church (High Point)

<http://www.greenstreet.org/>

303 N Rotary Dr

High Point NC 27262

336-819-4340 or 336-841-4334

Greensboro Housing Coalition

www.greensborohousingcoalition.org

1031 Summit Avenue Suite 1E-2

Greensboro, NC 27405

336-691-9521

Greensboro Urban Ministry

www.greensborourbanministry.org

305 West Gate City Blvd.

Greensboro, NC 27406

Hotline number: 336-553-2657

Helping Hands Ministry

<https://www.helpinghandshp.org/>

2301 S. Main St.

High Point, NC 27263

336-886-2327, ext. #1

Immigrant Assistance and Resource Center

<https://cwsgreensboro.org/>

705 N Greene St

Greensboro, NC 27401

336-379-0037

Mount Zion Baptist Church

<https://www.mtzbc.com/>

1301 Alamance Church Rd

Greensboro, NC 27406

336-273-7930

*M, T, Th 10:00 am – 2:00 pm

North Carolina Department of Health and Human Services

<https://www.ncdhhs.gov/divisions/social-services/low-income-energy-assistance>

Open Door Ministries

<https://www.opendoorministrieshp.org/>

400 N Centennial Ave

High Point, NC 27261

336-885-0191

Salvation Army Greensboro, ERAP

<https://www.salvationarmycarolinas.org/greensboro/home/erap>

1311 S. Eugene Street

Greensboro, NC 27406

336-763-6410

*Applicants must be at least 18 years of age to apply

St Andrews Episcopal Church (Greensboro)

<https://standrewsgso.org/>

2105 W Market St

Greensboro, NC 27403

336-275-1651



St Vincent de Paul Society

<https://www.stbenedictgreensboro.net/>

2201 W Market St
Greensboro, NC 27401
336-272-0336

Turning Point 180

<https://www.facebook.com/EndHomelessnesTP180/>

1606 Phillips Ave
Greensboro, NC 27405
336-272-1520

United Way Resource Line

<https://nc211.org/>

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Welfare Reform Liaison Project

<https://www.wrlp.net>

1600 E Wendover Suite 1
Greensboro, NC27405
336-691-5780

West End Ministries

<http://wemhp.org/>

903 English St
High Point, NC 27262
336-884-1105



Safety Resources:

Cone Behavioral Health

<https://www.conehealth.com/locations/behavioral-health-hospital/>

700 Walter Reed Drive
Greensboro, NC 27403
24 Hour Hotline: 336-832-9700 or
800-711-2635

Family Justice Center

<https://www.guilfordcountync.gov/our-county/family-justice-center>

201 S Greene St
Greensboro, NC 27401
336-641-2339 or
505 E Green Dr
High Point, NC 27260
336-641-2889

Family Service of the Piedmont The Families First Center

<https://www.fspcares.org/>
315 E Washington St
Greensboro, NC 27401
(336) 387-6161
24 hr crisis line GSO: 336-273-7273

The Slane Center

1401 Long St
High Point, NC 27262
(336) 889-6161
24 hr crisis line HP: 336-889-7273

Nami

www.nami.org
National Domestic Violence Hotline
(800) 656-4673
National Sexual Violence Hotline
(800) 692-7445

Nami of Guilford County

<https://namiguilford.org/crisis-info/>
Hotline: 1-800-950-NAMI (6265)
Text: (919) 999-6527

National Suicide Prevention Lifeline

800-273-8255
<https://suicidepreventionlifeline.org/>

National Domestic Violence Hotline

1-800-799-7233
<https://www.thehotline.org>

NC Coalition Against Domestic Violence

Call: 919-956-9124
<https://nccadv.org>

SAMHSA's National Helpline

1-800-662-HELP (4357)

Therapeutic Alternatives, Inc.

<https://www.mytahome.com/services>
Mobile Crisis: 1-877-626-1772
336-495-2700

United Way Resource Line

<https://nc211.org/>
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Shelters:

Family Service of the Piedmont

Clara House in Greensboro (DV Only)
336-273-7273 or 336-387-6161
Carpenter House in High Point (DV only)
336-273-7273 or 336-387-6161

Sherri Denese Jackson Foundation - Temporary Emergency Shelter Assistance

<https://www.sdjfn.org/>
125 S Elm St, Greensboro
NC 27401
336-510-9292
Hours: Open 24 hours a day



Substance Abuse Resources:

Alcohol/Drug Council of NC Helpline

Call: 1-800-688-4232

Text: 919-908-3196

Alcohol and Drug Services (ADS)

<https://adsyes.org/>

1101 Carolina St.

Greensboro, NC 27401

336- 333-6860 and

119 Chestnut Dr.

High Point, NC 27262

336 - 882-2125

Alcoholics Anonymous

<https://nc23.org>

810 Summit Ave

Greensboro, NC 27405

336-854-4278

Al-Anon

<http://www.greensboroalanon.org>

336-332-0090

Caring Services

<http://www.caringservices.org/>

102 Chestnut Dr.

High Point, NC 27262

336-886-5594

The Kellin Foundation- Greensboro HEALS Counseling Services

www.kellinfoundation.org

2110-B Golden Gate Drive

Greensboro, NC 27405

336-429-5600

*Serves ages 19-64

Treehouse Trauma Recovery, Kellin Foundation

<http://www.kellinfoundation.org/treehouse-trauma-recovery-program.html>

2110 Golden Gate Dr

Greensboro, NC 27405

Phone: 336-429-5600

Narcotics Anonymous

<https://greensborona.org/>

866-375-1272

Ringer Center

<http://ringercenter.com/>

213 E. Bessemer Ave.

Greensboro, NC 27401

336-379-7146

United Way Resource Line

<https://nc211.org/>

Dial 211

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Postpartum Resources:

Local Support Groups - Cone Health:

<https://www.conehealth.com/patients-visitors/classes/>

Mental Health Association of Greensboro

<https://www.mhag.org/>

336-373-1402

National Suicide Prevention Lifeline

800-273-8255

<https://suicidepreventionlifeline.org/>

Path to Wellness

Postpartum support group for depression and anxiety

<https://apathtowellness.com/classes/>

Post Partum International Support

<https://www.postpartum.net/>

1-800-944-4773 (4PPD)

503-894-9453 (text a message)

<https://www.postpartum.net/get-help/chat-with-an-expert/>

*Weekly groups on Wednesdays

<https://psidirectory.com/>

*Allows you to search for specialty trained providers

Post Partum Resource Center of the Triad

<https://www.prctriad.com/>

Local Individual Therapy providers

<https://www.psychologytoday.com/us/therapists/pregnancy-prenatal-postpartum/nc/guilford-county>

Safe Child NC – Moms supporting Moms helpline

Call: 919-454-6946

Text: 910-898-2139

<https://safechild.org>

Books:

Good Moms Have Scary thoughts: A Healing Guide to the Secret Fears of New Mothers and

This Isn't What I Expected: Overcoming Postpartum Depression by Karen Kleiman

Workbooks:

Pregnancy and Postpartum Anxiety Workbook by Pamela Wiegartz

The Postpartum Depression Workbook
By Abigail Burd

Websites:

<https://newmomhealth.com/>

<https://postpartumstress.com/>

<https://www.mombaby.org/>

<https://www.womenshealth.gov/>

